



## PROVIDE FIRST AID INCLUDING CPR - EXPRESS

*The Provide First Aid course provides the skills and knowledge required to administer first aid, basic life support in an emergency and CPR. This course is trained in line with Australian Resuscitation Council (ARC) Guidelines.*



**Course Code:** HLTAID003

**Course Title:** Provide first aid

**Course Currency Status:** Current

**Assessment:** Written, practical and scenario-based assessment

**VET Prerequisite:** Upon enrolment, Students must provide a copy of their current in date Statement of Attainment for HLTAID003 Provide first aid

**Entry Requirements:** Prior to commencing face to face training you will be required to successfully complete a short Knowledge Verification & Language, Literacy and Numeracy Questionnaire

**Mode of Delivery:** Pre-learning and face to face classroom

**Minimum Age Requirement:** 14 Years

**Duration:** Up to 8 hours of pre-course reading and E-learning Assessment, plus 5 hours face to face training in a classroom environment

**Certificate Valid:** 36 Months from the date of course completion

### Course Content:

The course will provide students with skills and knowledge in the following areas:

- Recognise an emergency situation
- Identify, assess and manage immediate hazards to health and safety of self and others
- Assess the casualty and recognise the need for first aid response
- Assess the situation and seek assistance from emergency response services
- Perform cardiopulmonary resuscitation (CPR) in accordance with Australian Resuscitation Council (ARC) guidelines
- Provide first aid in accordance with established first aid principles
- Display respectful behaviour towards casualty
- Obtain consent from casualty where possible
- Use available resources and equipment to make the casualty as comfortable as possible
- Operate first aid equipment according to manufacturer's instructions
- Monitor the casualty's condition and respond in accordance with first aid principles
- Accurately convey incident details to emergency response services
- Report details of incident to workplace supervisor as appropriate
- Maintain confidentiality of records and information in line with statutory and/or organisational policies
- Recognise the possible psychological impacts on self and other rescuers involved in critical incidents
- Participate in debriefing to address individual needs

**Certificate Issued:** Students who successfully complete all the training and assessment requirements will receive within 48 hours an electronic Statement of Attainment in HLTAID001 – Provide cardiopulmonary resuscitation, HLTAID002 – Provide basic emergency life support and HLTAID003 - Provide first aid.

### Who Can Attend?

This course is for those with existing first aid experience and who are confident in their skills. It is appropriate for experienced first aiders, health care professionals and those who update their skills regularly, not for beginners

### Factor to Consider:

Students attending course will be required to demonstrate their physical ability to perform at least 2 minutes of uninterrupted CPR on an adult manikin placed on the floor to meet the performance criteria for assessment.

If you are unsure whether your limitation will affect your ability to complete the course, please contact customer service on 1300 336 613 to discuss prior to booking.

### Group bookings:

Australia Wide First Aid will come to you and delivery the course of your choice in your workplace or business. We have streamlined our course delivery so that its relaxed and educational while ensuring minimum downtime for you and your group.

For further information on how we can assist, contact our friendly Corporate Sales team on 1300 336 613

### Locations:

Australia Wide First Aid has 20 convenient locations in QLD, NSW, VIC and WA. For specific venue locations and pricing please refer to our website [www.australiawidefirstaid.com.au](http://www.australiawidefirstaid.com.au)